

## **RESTRICTED**

### **ABSTRACT**

1. This study is to understand the existing counselling systems in Sri Lanka Army and to provide factors to improve it to the expected standards. The researcher set objectives, which sought to determine the extent to which provision of loop holes in the existing system as well as the common practices in counselling industry especially in the Army. The researcher used the quantitative survey design to carry out the research. The respondents for this study were hundred and fifty who were in Sri Lanka National Guard Regimental Headquarters which is located at Kurunegala Sri Lanka.

2. A pilot study was conducted to test the validity and reliability of the instruments. Data was analysed using percentages and descriptive analysis. The study outcomes revealed that the existing counselling system of Sri Lanka Army has certain drawbacks and lacks in meeting the expected standard and the soldiers who obtain benefits, expecting the structure in the common practice used in military in world wide.

3. There are fruitful recommendations made such as organization's part of the success of the counselling, counsellors need and activities on the counselling, governments' role in military counselling as well as present and desired counselling aspects on the soldiers who obtain counselling also considered as well.

4. Since this study was based in Sri Lanka National Guard Regiment, it is therefore, suggested that a replication of this study be carried out in a multiple Army installations setting which are located in various regional settings. The influence of various integration of military counselling activities in selected subjects in the contemporary military industry should be researched on in rank level of soldiers too.